

MAY 2026



Capable Kids Newsletter

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Riddle of the month:

After winter's icy hold, New stories
start to unfold, When the world
turns green and bold.

What am I?



Calendar of Events



Click on event to register and for more information.

MAY 2026

S	M	T	W	T	F	S
					10 AM <u>V/R Coach-Led Therapy</u> 6 PM <u>V/R Coach-Led Therapy</u> 7 PM <u>V/R Coach-Led Therapy</u>	1 2 6 AM <u>Annual RedCap Skeet Shoot Fundraiser</u>
1 PM <u>UTRGV baseball game</u>	3 6 PM <u>Sensory Play Works- CK Pequenos</u> 6 PM <u>V/R Coach Led Therapy</u>	4 3 PM <u>CK Fit</u> 5:30 PM <u>Empower Capability LifeSkills and Job Skills</u> 6 PM <u>V/R Coach Led Therapy</u>	5 9 AM <u>CPR Training- Brownsville</u> 5:30 PM <u>Let's Get Growing- Starbucks</u> 6 PM <u>V/R Coach Led Therapy</u>	6 12 PM <u>V/R Coach Led Therapy</u> 1 PM <u>V/R Coach Led Therapy</u> 6 PM <u>Competitive Baseball Team Practice</u> 6 PM <u>Arts and Crafts- Brownsville</u> 6 PM <u>Creative Thursdays</u> 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>V/R Coach Led Therapy</u>	7 10 AM <u>V/R Coach-Led Therapy</u> 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>V/R Coach Led Therapy</u>	8 9 AM <u>Paddle/ Pickleball Clinic 13+</u> 5 PM <u>Sparks Cheer Performance</u>
10 6 PM <u>Sensory Play Works- CK Pequenos</u> 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>Board Meeting</u>	11 3 PM <u>CK Fit</u> 5:30 PM <u>Empower Capability LifeSkills and Job Skills</u> 6 PM <u>V/R Coach Led Therapy</u>	12 6 PM <u>V/R Coach Led Therapy</u>	13 12 PM <u>V/R Coach Led Therapy</u> 1 PM <u>V/R Coach Led Therapy</u> 6 PM <u>Competitive Baseball Team Practice</u> 6 PM <u>Arts and Crafts- Brownsville</u> 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>V/R Coach Led Therapy</u>	14 9 AM <u>McAllen Boys & Girls Club CPR Training</u> 10 AM <u>V/R Coach- Led Therapy</u> 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>V/R Coach- Led Therapy</u>	15 9 AM <u>V/R Coach- Led Therapy</u> 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>V/R Coach Led Therapy</u>	16
17 6 PM <u>Sensory Play Works- CK Pequenos</u> 6 PM <u>V/R Coach Led Therapy</u>	18 3 PM <u>CK Fit</u> 5:30 PM <u>Empower Capability LifeSkills and Job Skills</u> 6 PM <u>V/R Coach Led Therapy</u>	19 6 PM <u>V/R Coach Led Therapy</u>	20 12 PM <u>V/R Coach Led Therapy</u> 1 PM <u>V/R Coach Led Therapy</u> 6 PM <u>Competitive Baseball Team Practice</u> 6 PM <u>Arts and Crafts- Brownsville</u> 6 PM <u>Creative Thursdays</u> 7 PM <u>V/R Coach Led Therapy</u>	21 10 AM <u>V/R Coach- Led Therapy</u> 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>V/R Coach Led Therapy</u>	22 9 AM <u>CPR Class- Brownsville</u> 5 PM <u>Quarterly Birthday Celebration</u>	23
24 6 PM <u>Sensory Play Works- CK Pequenos</u> 6 PM <u>V/R Coach Led Therapy</u>	25 3 PM <u>CK Fit</u> 5:30 PM <u>Empower Capability LifeSkills and Job Skills</u> 6 PM <u>V/R Coach Led Therapy</u>	26 6 PM <u>V/R Coach Led Therapy</u>	27 9 AM <u>Spanish CPR Class City Pharr</u> 12 PM <u>V/R Coach Led Therapy</u> 12:30 PM <u>English CPR Class Rio Grande - Starr</u> 1 PM <u>V/R Coach Led Therapy</u> 6 PM <u>Competitive Baseball Team Practice</u> 6 PM <u>Arts and Crafts- Brownsville</u>	28 10 AM <u>V/R Coach- Led Therapy</u> 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>V/R Coach Led Therapy</u>	29 6 PM <u>V/R Coach Led Therapy</u> 7 PM <u>V/R Coach Led Therapy</u>	30
31 6 PM <u>Creative Thursdays</u> 7 PM <u>V/R Coach Led Therapy</u>						

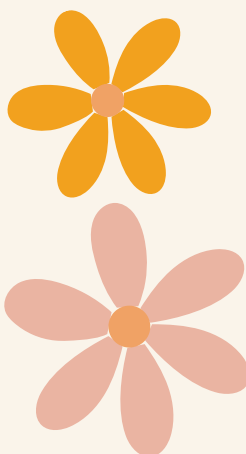
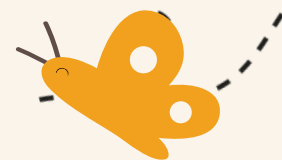
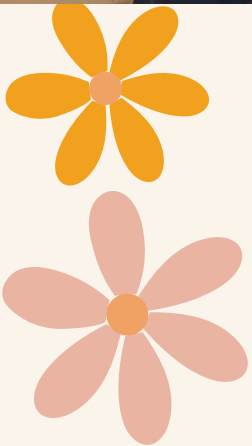




Photo Spot







Picture Puzzle

Find 7 differences between 2 pictures



Riddle of the Month & Picture Puzzle Answers



Riddle of the Month:

After winter's icy hold,
New stories start to unfold,
When the world turns
green and bold.

What am I?

Answer: Spring



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ADVERTISE WITH US!

Interested in advertising your product or service
in the Capable Kids Newsletter?

Here are our advertising guidelines and current rates:

Guidelines:

- Advertisements must be received by the 20th of the month to appear in the following month's newsletter.
- Advertising space is limited and will be available on a first come, first served basis.

To submit an ad:

Email your ad to bobbie@ckrgv.org

Business card and display ads must be submitted in camera ready copy or computer file format. The following formats will be accepted:

Word, Publisher, PDF or a Vector file.

1



Pay for your ad. Checks should be made payable to Capable Kids and may be paid via credit card via PayPal or Square or by check sent to Capable Kids:
1223 E Hackberry Ave, PO Box 5268, McAllen TX 78596

2



3



Call Bobbie Krynicki at 574-229-2326 to confirm the submission of your ad and payment arrangements.

RATES:

Classified ads (75 words maximum)

1 issue - \$10

3 issues - \$25

Business card ads (3.5" x 2")

1 issue - \$15

3 issues - \$35

5 issues - \$50

Display ad (quarter page-3.75"x5")

1 issue - \$20

3 issues - \$40

5 issues - \$55

Display ad (half page- 7.5"x5")

1 issue - \$30

3 issues - \$50

5 issues - \$65

Full page (7.5"x10")

1 issue - \$50

3 issues - \$80

5 issues - \$100

Our website: Capable Kids Foundation

Sign-up for events: [Capable Kids \(schedulesplus.com\)](http://Capable Kids (schedulesplus.com))

Follow us on Facebook: Capable Kids | Facebook



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is at the heart of H-E-B.

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Helping Here.

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Learn more at [heb.com/community](https://www.heb.com/community)

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