



Capable Kids Newstimes

The Official Capable Kids Newsletter
April 2024



In This Edition

Introduction

Calendar

Recycling Game

Capable Candid's

Sponsors

Planet vs Plastics

The theme of Earth Day 2024 is planet vs plastics. How much do you know about plastic pollution? Take the quiz to find out!

<https://www.earthday.org/plastic-pollution-quiz/>



Brought to you by the Capable Kids Foundation

1223 Hackberry Ave. McAllen, TX 78501

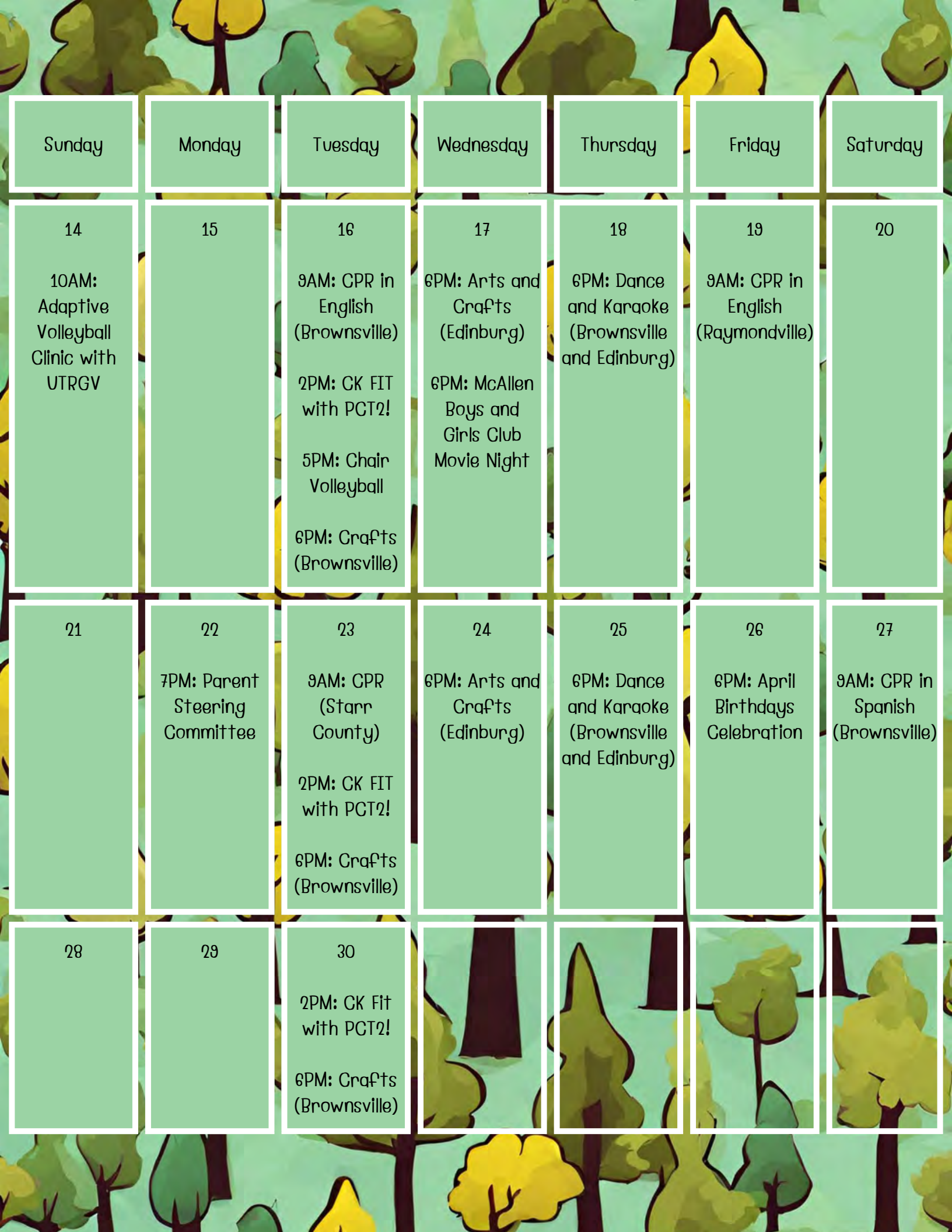
(956) 277-1776

info@ckrgv.org

April 2024

[Click HERE to sign-up for events!](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 2PM: CK Fit with PCT2! 6PM: Balloon Making Workshop 6PM: Crafts (Brownsville)	3 6PM: Arts and Crafts (Edinburg)	4 6PM: Dance and Karaoke (Brownsville and Edinburg) 6PM: McAllen ISD Autism Awareness Walk	5	6
7	8	9 9AM: CPR in English (McAllen) 2PM: CK Fit with PCT2! 6PM: Crafts (Brownsville)	10 6PM: Arts and Crafts (Edinburg)	11 5PM: Donna ISD Autism Awareness Walk 6PM: Dance and Karaoke (Brownsville and Edinburg)	12 9AM: First Aid in Spanish (McAllen)	13 6AM: Skeet Shoot Fundraiser 7AM: Junior League Booth (Harlingen) 5PM: Spring Adventures (Brownsville)





Reduce, Reuse, Recycle

Circle the items below that can be recycled



Aluminum cans



Food



Batteries



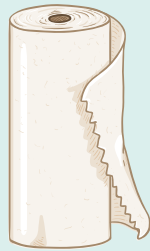
Flattened
cardboard boxes



Newspapers



Light bulbs



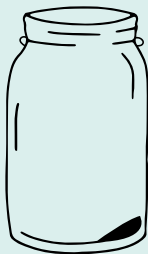
Paper towels



Milk cartons



Envelopes



Mason jars



Plastic bags



Water bottles

STOP! Answers on next page!



Reduce, Reuse, Recycle

Answers



Aluminum cans



Food



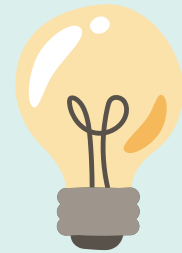
Batteries



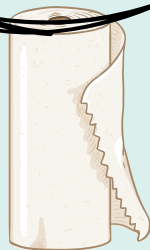
Flattened
cardboard boxes



Newspapers



Light bulbs



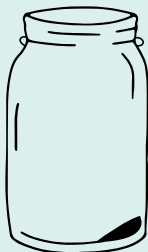
Paper towels



Milk cartons



Envelopes



Mason jars



Plastic bags



Water bottles

Capable Candid













A whimsical illustration of a forest scene. In the background, a large, rounded mountain rises under a pale sky with a few birds. Two large, stylized trees with curly foliage frame the scene. In the middle ground, a stream flows through a grassy area. Various animals are depicted: a brown bear on the left, a blue rabbit on the right, a brown rabbit in the center, and several smaller animals like a squirrel and a chipmunk near the water. The overall style is simple and cartoonish.

Thank you to
our sponsors!



Unstoppable PARTNERS



Thanks to our Unstoppable Partners, Capable Kids has soared to new heights! Our Winter Wonderland dazzled 717 guests, and the STX Football Clinic empowered 60 young athletes. The Friendsgiving Gala, with 400 attendees, and the Red Cape 5k, attracting 150 runners, have been monumental in funding our mission. In 2023, we served 4,993 members across 352 events, touching lives in four counties. This year, we've already enriched 1,127 members through 58 events. Your support turns dreams into reality, fostering a world where every child can thrive. Thank you once again for supporting Capable Kids. We are capable, and together we are Unstoppable!





ELEVENTS

Event Rental and Design



956.821.7636 eleventsevents.com



THE ST. MICHAEL
EVENT GALLERY

956.821.7636



Only Minuteman Press McAllen offers the speed and convenience of a quick printer backed by the expertise, quality control and full services of a 30+ year printing leader. Our experienced staff is right in your neighborhood, ensuring your job is printed right the first time, every time!

Let us help promote your business with our services

- Business Cards
- Flyers
- Booklets
- Pre-Inked Stamps
- Pads
- Envelopes
- Tents
- Direct Mail & EDDM

- Banners
- Name Badges
- Checks
- Labels
- Apparel
- Table Covers
- Promo Products
- 2 & 3 Part Forms & More!



10% OFF New Customers
 On your first In-House order
 Must present this ad when placing your order
 *Cannot combine with other coupons, specials, or Simple Business Builders offers.

CONTACT US FOR A FREE QUOTE
 (956) 627-0490 mcallen@minutemanpress.com
 @mmpmcallen fminutemanpressmcallen
 4949 N McColl Rd. McAllen, TX 78504

VISIT OUR WEBSITE



Advertise with us!!

Interested in advertising your product or service
in the Capable Kids Newsletter?

Here are our advertising guidelines and current rates:

Guidelines:

- Advertisements must be received by the 20th of the month to appear in the following month's newsletter.
- Advertising space is limited and will be available on a first come, first served basis.

To submit an ad:

1



Email your ad to bobbie@ckrgv.org

Business card and display ads must be submitted in camera ready copy or computer file format. The following formats will be accepted: Word, Publisher, PDF or a Vector file.

2



Pay for your ad. Checks should be made payable to Capable Kids and may be paid via credit card via PayPal or Square or by check sent to Capable Kids: 1223 E Hackberry Ave, PO Box 5268, McAllen TX 78596

3



Call Bobbie Krynicki at 574-229-2326 to confirm the submission of your ad and payment arrangements.

Rates:

Classified ads (75 words maximum)

1 issue - \$10

3 issues - \$25

Business card ads (3.5" x 2")

1 issue - \$15

3 issues - \$35

5 issues - \$50

Display ad (quarter page-3.75"x5")

1 issue - \$20

3 issues - \$40

5 issues - \$55

Display ad (half page- 7.5"x5")

1 issue - \$30

3 issues - \$50


5 issues - \$65

Full page (7.5"x10")

1 issue - \$50

3 issues - \$80

5 issues - \$100



Stay Tree-mendous!

Our Links

Our website: [Capable Kids Foundation](https://www.capablekids.org)

Sign-up for events: [Capable Kids \(schedulesplus.com\)](https://www.schedulesplus.com)

Follow us on Facebook: [Capable Kids | Facebook](https://www.facebook.com/capablekids)