



Capable Kids Newstimes

The Official Capable Kids Newsletter
March 2024



In this edition:



BUZZZZworthy Joke



March Events



Spelling Bee



Capable Candid's



Sponsors

BUZZZZworthy Joke

What is small, black and yellow, and drops things?

A fumble-bee



Brought to you by the Capable Kids Foundation
1223 Hackberry Ave. McAllen, TX 78501
(956) 277-1776
info@ckrgv.org

March 2024

[Click HERE to sign-up for events!](#)

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1

2

1PM: It's Texas
Time Healthy
Habits
Challenge

3

4

5

9AM: CPR -
Spanish
(McAllen)

2PM: CK FIT
with PCT2

5PM: Chair
Volleyball

6PM: Crafts
(Brownsville)

6

6PM: Arts &
Crafts
(Edinburg)

7

6PM: Dance &
Karaoke Social
(Brownsville)

6PM: Dance &
Karaoke
(Edinburg)

8

10AM: Toddler
Sensory
Reading Time

6PM:
Shamrock
Dream Dance

9

6PM: Elsa
Superhero 2K

10

11

12

2PM: CK FIT
with PCT2

6PM: Crafts
(Brownsville)

13

14

9AM: Go
Getter Soccer
Clinic

6PM: Dance &
Karaoke Social
(Brownsville)

6PM: Dance &
Karaoke
(Edinburg)

15

16

7:30AM: STHS
Eddy Safari
Run

Su M T W Th F Sa

17	18	19 2PM: CK FIT with PCT2 5PM: Chair Volleyball 6PM: Crafts (Brownsville)	20 6PM: Arts & Crafts (Edinburg) 6PM: McAllen Boys and Girls Club Monthly Game Night	21 6PM: Dance & Karaoke Social (Brownsville) 6PM: Dance & Karaoke (Edinburg)	22 9AM: CPR - English (Raymondville) 5PM: March Birthday's Celebration	23 9AM: CPR - Spanish (Brownsville)
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24	25 9AM: First Aid McAllen - English 7PM: Board Meeting	26 9AM: CPR (Brownsville) 2PM: CK FIT with PCT2 6PM: Crafts (Brownsville)	27 6PM: Arts & Crafts (Edinburg)	28 6PM: Dance & Karaoke Social (Brownsville) 6PM: Dance & Karaoke (Edinburg)	29	30
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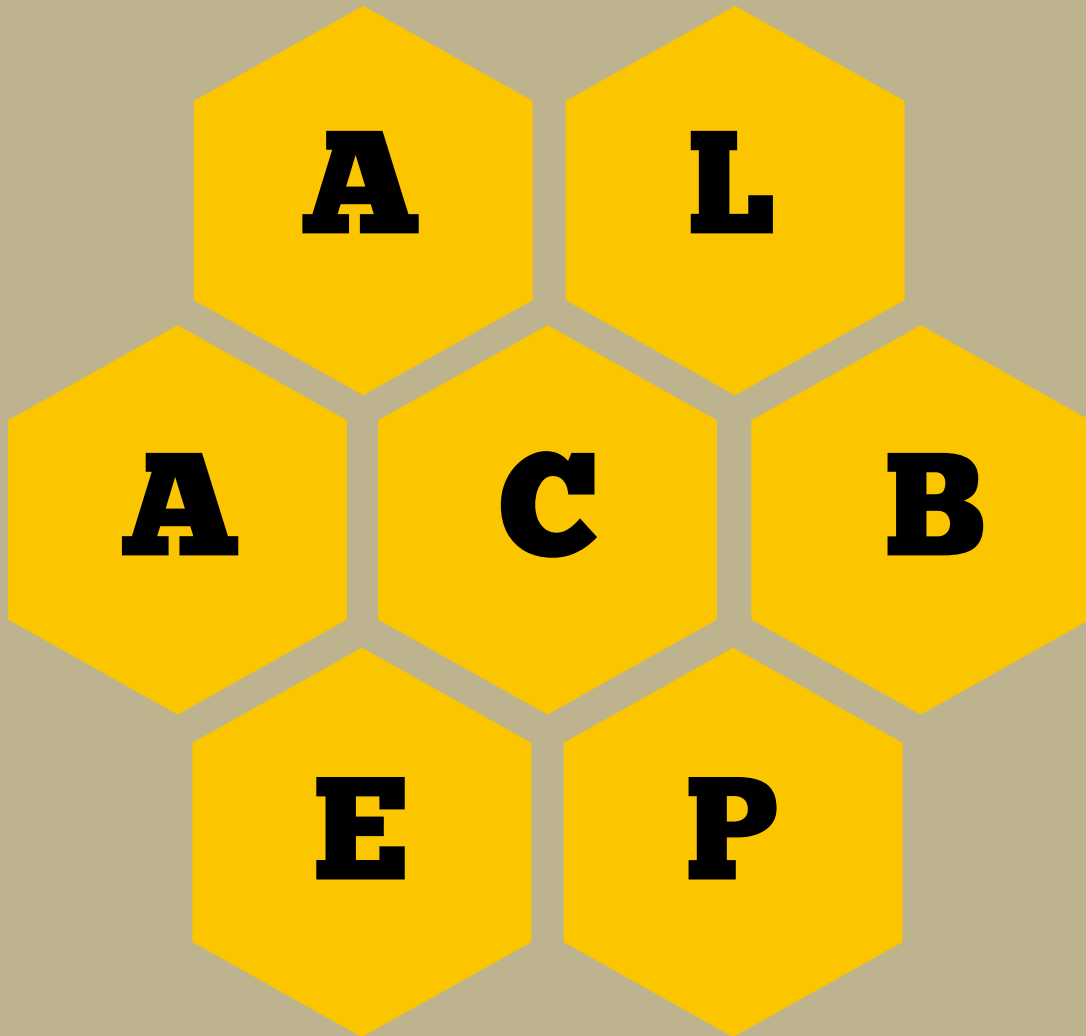
31





Spelling Bee

How many words can you make with the following letters?



Capable Candid's



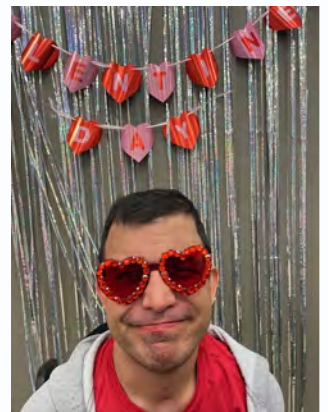
VALENTINES EVENTS



Bowling Night



Celebrating with Sweet Treats~



Valentines Done Right with the CAPABLES!



LET'S GET PHYSICAL



STX Gladiators Football and Cheer Clinic



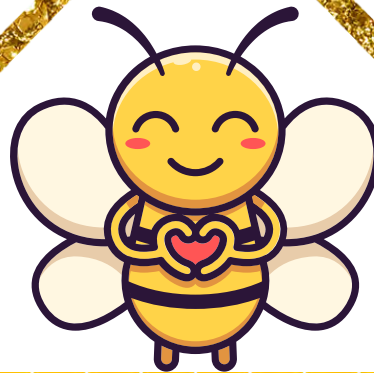
STX Gladiators Football and Cheer Clinic



STX Gladiators Football and Cheer Clinic



Miracle Mile



**Thank you to our
Un-BEE-lievable
Sponsors**





Unstoppable PARTNERS



Thanks to our Unstoppable Partners, Capable Kids has soared to new heights! Our Winter Wonderland dazzled 717 guests, and the STX Football Clinic empowered 60 young athletes. The Friendsgiving Gala, with 400 attendees, and the Red Cape 5k, attracting 150 runners, have been monumental in funding our mission. In 2023, we served 4,993 members across 352 events, touching lives in four counties. This year, we've already enriched 1,127 members through 58 events. Your support turns dreams into reality, fostering a world where every child can thrive. Thank you once again for supporting Capable Kids. We are capable, and together we are Unstoppable!



BT.CHURCH



**peter
piper
pizza.**



ELEVENTS

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956.821.7636 eleventsevents.com





THE ST. MICHAEL
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VISIT OUR WEBSITE



Advertise with us!!

Interested in advertising your product or service
in the Capable Kids Newsletter?

Here are our advertising guidelines and current rates:

Guidelines:

- Advertisements must be received by the 20th of the month to appear in the following month's newsletter.
- Advertising space is limited and will be available on a first come, first served basis.

To submit an ad:

Email your ad to bobbie@ckrgv.org

Business card and display ads must be submitted in camera ready copy or computer file format. The following formats will be accepted:

Word, Publisher, PDF or a Vector file.

1



2



Pay for your ad. Checks should be made payable to Capable Kids and may be paid via credit card via PayPal or Square or by check sent to Capable Kids: 1223 E Hackberry Ave, PO Box 5268, McAllen TX 78596

3



Call Bobbie Krynicki at 574-229-2326 to confirm the submission of your ad and payment arrangements.

Rates:

Classified ads (75 words maximum)

1 issue - \$10

3 issues - \$25

Business card ads (3.5" x 2")

1 issue - \$15

3 issues - \$35

5 issues - \$50

Display ad (quarter page-3.75"x5")

1 issue - \$20

3 issues - \$40

5 issues - \$55

Display ad (half page- 7.5"x5")

1 issue - \$30

3 issues - \$50

5 issues - \$65

Full page (7.5"x10")

1 issue - \$50

3 issues - \$80

5 issues - \$100

Bee Your Best Self!



Our links

Our website: [Capable Kids Foundation](https://www.capablekidsfoundation.org/)

Sign-up for events: [Capable Kids \(schedulesplus.com\)](https://schedulesplus.com/)

Follow us on Facebook: [Capable Kids | Facebook](https://www.facebook.com/capablekids/)