

# 2022 Annual Report

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# About Capable Kids

Capable Kids Foundation was created in 2015 by a group of speech, physical and occupational therapists to help bridge the gap in inclusive services available to children and young adults with disabilities and their families within the Rio Grande Valley. Capable Kids (CK) consist of three primary programs: CK Sports, CK Social, and CK Impact, to address the lack of inclusive sporting and social opportunities for children and young adults within the RGV.

Play is the right of every child, and creating a sense of belonging is the responsibility of every community. By mobilizing resources and aligning advocacy efforts, we can raise awareness, break down barriers, foster friendships, and unite communities across the Rio Grande Valley to achieve exceptional outcomes. Providing training, education, access to resources, and the opportunity to engage in inclusive social interactions makes a community stronger and more cohesive, allowing every individual the ability to build the empathy, confidence, and skills necessary to create a better tomorrow for all Texans.

Studies show that people with disabilities perform better in inclusive environments, learning alongside their peers without disabilities, developing friendships, and cultivating executive functioning skills.

Capable Kid's multi-program and multi-pronged training program approaches draw upon the skills and lessons learned in each program. This culmination of knowledge provides opportunities to understand each other and participate in inclusive, equitable play and social experiences throughout all stages of development, thereby enhancing the quality of life for children, families, and our greater society.

Since 2015, we have continued to grow and evolve, expanding our efforts to improve the quality of life for children and adults with disabilities within the RGV.



# A Letter from our Board President

Last year, Capable Kids had its busiest year since 2020, when all of our programming slowed and turned virtual in the midst of the COVID pandemic. As we returned to in-person programming we kept in touch with our members' needs amid some apprehension to return to events with larger groups of people. Our families were yearning for more interaction, and we had to balance concerns for the health and safety of our members with their need for social interaction and physical activity. This required us to pivot and update some of our prior activities to fit the ever-changing recommendations and health guidelines.

Some of these changes ended up being big wins! As we planned for our big annual dance, we were experiencing a surge in new COVID cases in the county. Rather than cancel (because this is one of our most anticipated events every year), we changed the format to a Country Dance, allowing us to use a more casual outdoor venue as a safer environment. We discovered our members were more relaxed and comfortable with the more casual attire, and they enjoyed an evening full of smiles, laughter, and dancing with their friends - so much so that we repeated the Country Dance for 2023!

We also welcomed our new CEO, Bobbie Krynicki, at the beginning of 2022. Bobbie brought with her an incredible background of successfully managing large non-profits and has been an essential part of our growth and success over the last year!

We implemented a parent steering committee and conducted surveys to determine current successes and areas of growth to ensure our programs were targeted towards the wants and needs of our members. We implemented a new registration system to keep better track of our membership and volunteers, and provide a system where families can regularly log in to stay in tune with upcoming events, which was driven by family requests. Through Bobbie's leadership and the efforts of our program staff, our membership dramatically increased over the last year, as we welcomed many new families into Capable Kids. After a drop in revenue during the years of 2020-2021, Bobbie has helped guide our financial planning and policies to ensure Capable Kids will continue to be strong and able to improve the quality of life for individuals with disabilities and their families for years to come!

While 2022 was a year of major growth, there is no sign of us slowing down in 2023! This is only possible with an incredibly dedicated (arguably, the hardest working) Board of Directors, an army of energetic volunteers, and our creative and passionate staff working together towards our mission - that individuals with disabilities have the resources and accommodations to thrive in an environment that supports and recognizes their abilities, rather than focuses on their disabilities.

**Together, we are able. We are Capable Kids!**



**Melanie Watson, President, Board of Directors**



# Meet Our Board of Directors



**MELANIE WATSON**  
BOARD PRESIDENT



**ECTOR ARIAN CASAS**  
VICE PRESIDENT



**LEROY CADENA**  
TREASURER



**LISA ROSALES**  
SECRETARY



**ANNETTE FRANZ**  
BOARD MEMBER



**ANDY DEL FIERRO**  
BOARD MEMBER



# 2022 Corporate Sponsors



A-1 TRUCKING  
AAA GOLD SILVER & DIAMOND EXCHANGE  
BEBOS ANGELS  
BOGGUS FORD MCALEN  
BRAND BOOSTERS  
BT CHURCH  
CAPA  
CARATS  
CAROL WATSON PHOTOGRAPHY  
CHURCH'S CHICKEN  
CITY OF EDINBURG  
CITY OF MCALEN  
CITY OF MISSION  
CITY OF PALMHURST  
CLARISSA BENAVIDES  
COASTAL EVENT RENTALS  
CORNERSTONE HOSPITAL  
COURTNEY K. MOORE  
DEBI LOU PRODUCTIONS  
DOCTORS HOSPITAL AT RENAISSANCE, LTD  
DRISCOLL HEALTH PLAN  
ELEVENTS  
EV DESIGNS, LLC  
EXERPLAY  
F & T VALLEY MOTOR SPORTS  
FORK TO FIT  
FRONTERA MATERIALS  
FROST BANK  
GARCIA GRAIN TRADING CORPORATION  
GDJ ENGINEERING  
GLICK TWINS  
HANNA SOLUTIONS  
H-E-B  
HIDALGO ROOFING

HOLDEN SECURITY & STORM SHUTTERS  
HOLIDAY WINE AND LIQUOR, MCALEN  
HOMER JASSO  
HOUSE IT GOING, LLC  
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L&F DISTRIBUTORS  
LA GANADERA GOURMET MEAT MARKET, LLC  
LAW OFFICE OF JOHN DAVID FRANZ, INC.  
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LEES'S PHARMACY  
LINEBARGER  
LONE STAR SHREDDING  
LUBY'S  
LUIS ANTONIO ALAMIA JR. SCHOLARSHIP FUND  
MAJESTIC PRODUCE SALES  
MATT'S BUILDING MATERIALS  
MEMORIAL FUNERAL SAN JUAN LLC  
MISSION CISD  
NORA DESIGN STUDIO  
NORTH PARK LEXUS  
ORDER OF ALHAMBRA  
PIZZA PROPERTIES, INC. / PETER PIPER PIZZA  
PNC FINANCIAL SERVICES GROUP  
PRECINCT 2  
PROMO MASTERS - ALEX  
RADISSON HOTEL MCALEN AIRPORT  
RANCHO LA ESTRELLA  
RGV DOWN SYNDROME ASSOC.  
RICK VILLARREAL INSURANCE  
RIO BANK

ROAD FORWARD  
RUBY RED HOSPITALITY  
S.O.A.R.D. SOLUTIONS, LLC  
SANTE FE STEAK HOUSE  
SPIKES FORD  
ST. MICHAEL'S EVENT CENTER  
TEXAS NATIONAL BANK  
TEXAS SPORTSMAN  
THE WARREN GROUP  
THERAPY SQUAD  
TORGOM TRADING COMPANY INC.  
UNITED HEALTHCARE  
UTRGV FOUNDATION  
VALLEY AUTO DEALERS ASSOCIATION  
VALLEY BAPTIST LEGACY FOUNDATION  
VALLEY LAND TITLE CO.  
VANGUARD ACADEMY  
VIC'S AUTO REBUILDERS  
VILLALOBOS LAW FIRM  
VP REALTY  
WHATABURGER



# 2022 Major Individual Donors



ALBERT AND SONY REGO  
ANDRE MALDONADO  
ARMANDO MARROQUIN  
BEN CANTU  
BOBBY PALACIOS  
CARLOS MELGUIZO AND SAUL SANCHEZ  
CELEST CANTU  
CLARISSA BENAVIDES  
COMMISSIONER EDUARDO "EDDIE" CANTU  
COMMISSIONER ELLIE TORRES  
COURTNEY K. MOORE  
DEBBIE CHAVEZ  
DIANA IZAGUIRRE  
FRANK GUERRERO  
G.J. REYNA  
HERSHAL PATEL  
HOMER JASSO  
JD SALINAS  
JORGE LEAL  
JUSTIN AND ESMER CADENA  
MARCOS RAMIREZ  
MARIO M. TREVINO  
MAYOR JAVIER VILLALOBOS  
MIKE FARIAS

MYRA GARCIA  
NACHO PECINA III  
OLIVIA GOMEZ  
OMAR GUEVARA  
RAUL A. PENA, MD, PA  
RAUL BARREDA MD  
REP TERRY CANALES  
ROBERTO MAURO LOPEZ MD PA  
ROY BALLI  
SERGIO MUNOZ JR.  
TILLMAN G. WELCH



# Total Revenue

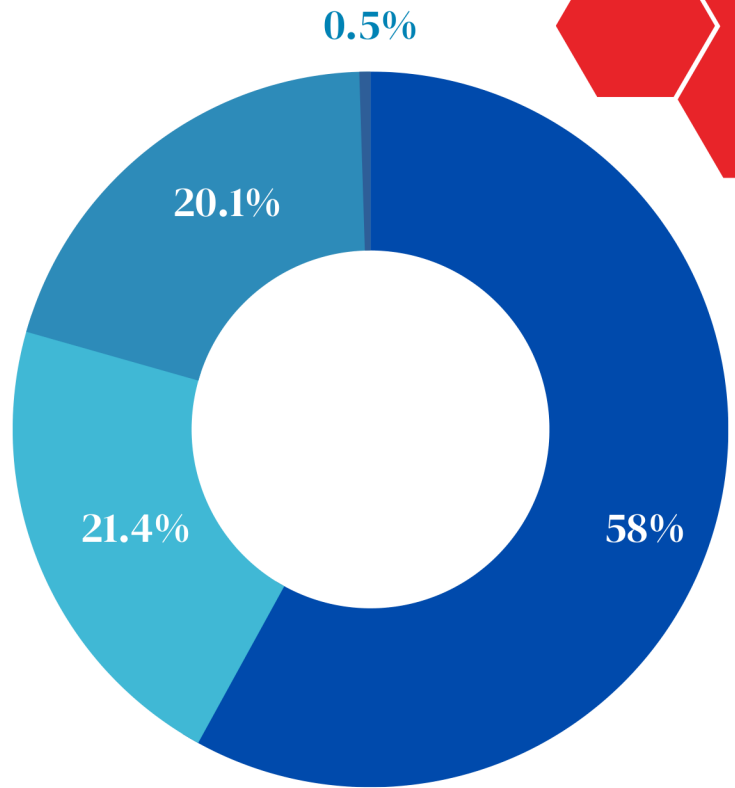
## \$268,759

**SPECIAL EVENTS**  
\$156,004 (NET \$92,150)

**PUBLIC SUPPORT**  
\$57,422

**GRANTS**  
\$54,000

**PROGRAM REVENUE**  
\$1,333

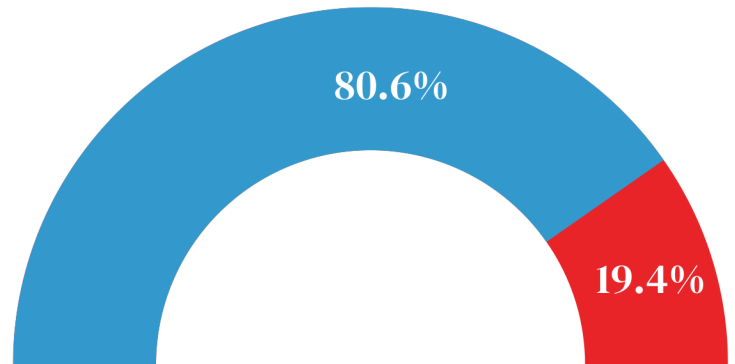


# Total Expenses

## \$243,044

**PROGRAM SERVICES**  
\$195,808

**MANAGEMENT/GENERAL**  
\$47,236

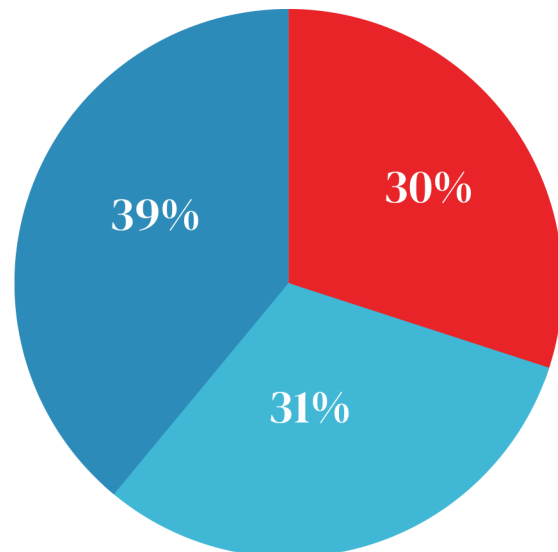


# Expenses by Program

**CK IMPACT**  
\$57,778

**CK SPORTS**  
\$60,923

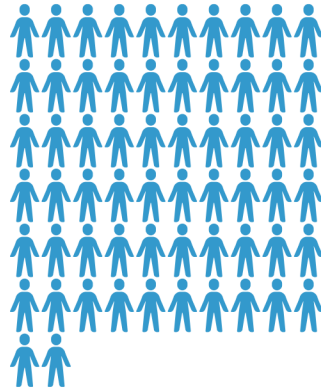
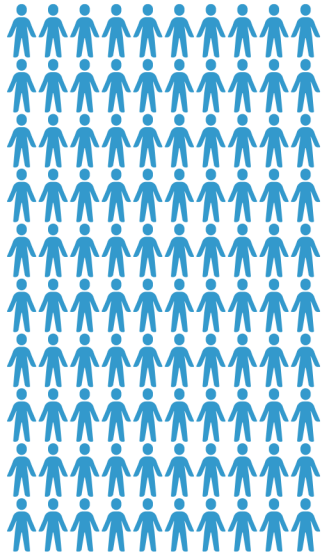
**CK SOCIAL**  
\$77,104





# 2022: A Year in Review

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## **VOLUNTEERS**

162 volunteers donated a total of 4272.50 hours to help deliver programs and services. That is equivalent to \$30,975.62 at Texas minimum wage.



## **ACTIVITIES**

Capable Kids Offered 96 different events, activities and booths in 2022 for Capable Kid members and families.

## **ATTENDANCE**

Capable Kids tracked 7,066 people served at Capable Kids Events Activities and Programming

# 7066

## **SERVICE AREA**

While we always offered programming in Hidalgo County, Covid really affected the delivery of service in recent years. We are excited that in late 2022, Capable Kids was able to begin offering some limited programming in Cameron County.



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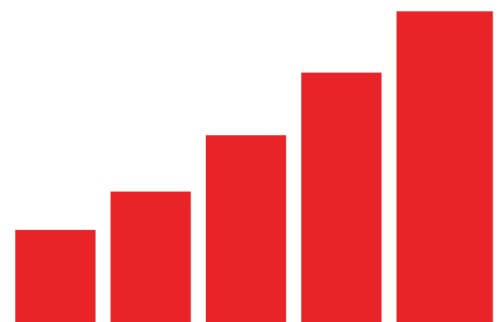
**Board of Directors**

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**Letter from the CEO**



# From the CEO

This year was a year of reflection and growth for Capable Kids. The expansion of programming and services in 2022 is a testament to the commitment and compassion of our community partners, partner organizations, financial supporters, volunteers, and staff.

It has been challenging as we performed a needs analysis and sent surveys to families to find out what services and support were required. With the help of the newly formed parent steering committee, along with feedback from our amazing parents and kiddos, we started offering regular weekly activities, in addition to our special events. We also created **Capable Kids at Heart** to make sure we were providing relevant and interesting programming for our older teen and young adult members.

With so much support from the community, we realized that a strong community is vital for the welfare of our families. With this in mind, Capable Kids created the CK gives-back program that allowed us to volunteer with the food bank, participate in the Texas Disabilities Issue Forum, Hidalgo County DAC, offer inclusive training, support community events, and participate in multiple partner initiatives.

With the standardization in programming, we also wanted to standardize membership and provide a safe place for CK families to interact. This desire led to the creation of the CK member handbook and the intake assessment tool that helps us better understand the member's needs. With so many new initiatives and activities going on, we have had to adjust our processes and make hard decisions. And, we have asked more from our supporters than ever.... but the results are undeniable!

The question is, where do we go from here? Our amazing volunteer board and CK staff worked hard to create a Strategic Plan in 2022 that will help provide direction and guidance as we continue to grow and evolve. The year 2023 will continue to see more activities, expanded programming, and continued community give-back.

As a new Texas resident and CK staff member, I am deeply humbled and impressed at how CK has become so woven into the lives of our entire RGV community. Our role in helping disabled individuals and their families live and thrive in the community is a source of pride and purpose for our employees, Board of Directors, community partners, and volunteers. As we enter the next chapter of our proud 8-year history, I am excited to build upon our strong foundation, expand our impact, and increase our reach. We Are Capable. Together, We Are Unstoppable.

Bobbie Krynicki







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**Together we are Unstoppable.**

