



**MEMBERSHIP
HANDBOOK**

2023

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CAPABLE KIDS OFFICE LOCATIONS

	Office Location	Address	Office Contact information
Location Specific:	Mission- CEED	801 Bryan Rd, Mission, TX 78572	956-905-5437 info@ckrgv.org Alexis@ckrgv.org
	McAllen	1223 E Hackberry Ave, PO Box 5268 McAllen, TX 78501	Jessica@ckrgv.org
	Name	Email	Phone
Chief Executive Officer	Bobbie Krynicki	Bobbie@ckrgv.org	574-229-2326

FOREWORD

The CK Member Handbook provides information regarding the member's involvement in Capable Kids sponsored events and activities. It serves as a resource document of the policies, rules and guidelines of the organization for any courses of action and decisions. This will define and clarify the rules, policies, and processes. This handbook also includes information about the organization, and its services that

the members can avail. Through this, the members and families will be properly guided and made aware of their responsibilities, accountabilities and obligations, as well as understand their commitment to the administration for their well-being.

Welcome to Capable Kids!

Capable Kids embrace who they are

Dream big dreams and are confident they can make them come true

But, most of all Capable Kids believe in themselves and the good they can do in the world. As a CK member you will discover your inner leader. Everyone has a leader inside of them, and all CK members use their inner leader to embrace who you are and support inclusion efforts so that every person everywhere gets the opportunity to be their best.

ABOUT US

Who We Are

Play is the right of every child, and creating a sense of belonging is the responsibility of every community. By mobilizing resources and aligning advocacy efforts, we can raise awareness, break down barriers, foster friendships, and unite communities across the Rio Grande Valley to achieve exceptional outcomes. Providing training, education, access to resources, and the opportunity to engage in inclusive social interactions makes a community stronger and more cohesive, allowing every individual the ability to build the empathy, confidence, and skills necessary to create a better tomorrow for all Texans.

Studies show that people with disabilities perform better in inclusive environments, learning alongside their peers without disabilities, developing friendships, and cultivating executive functioning skills.

Capable Kid's multi-program and multi-pronged training program approaches draw upon the skills and lessons learned in each program. This culmination of knowledge provides opportunities to understand each other and participate in inclusive, equitable play and social experiences throughout all stages of development, thereby enhancing the quality of life for children, families, and our greater society.

Capable Kids Foundation was created in 2015 by a group of speech, physical and occupational therapists to help bridge the gap in inclusive services available to children and young adults with disabilities and their families within the Rio Grande Valley. Capable Kids (CK) consist of three primary programs: CK Sports, CK Social, and CK Impact, to address the lack of inclusive sporting and social opportunities for children and young adults within the RGV.

CK Sports now includes adaptive versions of football, soccer, baseball, golf, and, adaptive tennis. These programs have allowed children and young adults with disabilities to participate in the right of passage that sports provide, engaging in the related comradery, teamwork, and sense of accomplishment that has a huge impact on self-worth and confidence.

CK Social helps create opportunities for inclusion and interaction with all peers in a supportive environment. This is created through the implementation of dances and social events that include peers with and without disabilities. Activities are focused on creating a fun and supportive environment that all everyone to interact and support each. These interactions help increase self-confidence and empathy while allowing everyone to have fun and interact, learning from each other.

CK Impact focuses on community capacity building by educating government agencies, public institutions, local businesses, and community members on the importance of inclusion in creating stronger, healthier communities.

Since 2015, we have continued to grow and evolve, expanding our efforts to improve the quality of life for children and adults with disabilities within the RGV.

Vision

CK commits to the inclusion of each and every child and young adult with special needs with typically developing peers in all environments within the RGV.

Mission Statement

Our mission is to promote these Guiding Principles:

Increase Equitable Opportunity: Inclusion of children and young adults with disabilities is a priority in decision making about program design and resource allocation in order to ensure equitable access and full participation in all RGV environments.

Partner with Families: We ensure the meaningful and supported engagement of families in policy/guidance decisions, planning, and evaluation of programs.

Share Benefits of Inclusion: We recognize and intentionally raise public awareness of the well-researched benefits of inclusion in all settings.

Build and Support a Competent Community: Every business, organization and governmental agency who interacts or services children and young adults with disabilities or their families should have the knowledge, competencies and supports to implement evidence-based practices. We deliberately shift policy to support elements critical to this effort: appropriate professional standards, embedded professional development, culturally and linguistically responsive practices, positive attitudes and beliefs about inclusion, and knowledge of disabilities.

Unified Purpose: We intentionally and strategically engage in formal collaboration across agencies and related nonprofits to make significant progress toward high quality inclusion across the RGV.

Set Goals and Track Data: Across all three programs we set concrete goals for expanding access to inclusive opportunities, including a baseline number of children with and without disabilities in play, educational, and social settings, and benchmarks that track progress toward the goal.

MEMBERSHIP POLICIES

Capable Kids membership is open to any child or young adult with disabilities regardless of race, color, religion, sex, gender identity, national origin, economic circumstances or any other characteristic protected by state or federal law.

To become a CK member, please complete our online registration process, which is available on the CK's Registrations website: <https://schedulesplus.com/ckrgv/kiosk/>

Select Signup for a Program> enter phone number and when not found, you are able to complete the initial registration process. Parents and children are both required to register in the system.

ASSESSMENTS

Once registered, an assessment is required. This assessment reviews the health and mobility of the child as well as family information and interests. This information is gathered to help us better serve your child. Any financial information gathered would only be used to for fee waivers and all information is kept confidential.

Assessments must be updated yearly to maintain active membership status

NEW MEMBER ORIENTATION

Upon completion of a membership registration and assessment, CK members and their parents/guardians are required to attend an orientation.

Orientation times will be offered the first and third Monday of each month via zoom. After orientation CK members will be able to attend the CK events and will receive a CK membership card.

PROGRAM FEES

Capable Kids attempts to offer activities and fees to members at no cost. However, some activities are more expensive and a fee may be added to offset the cost. Fees may also be added to cover supplies or uniforms for certain events or programming. Families who meet income guidelines based on the current assessment may apply to have some fees waived. All fees collected by Capable Kids goes back into programming activities for the CK members.

SUPERVISION POLICY

Capable Kids reserves the right to require the parent/guardian to provide adequate supervision or support at all CK events and/or reserves the right to limit participation.

DROP IN POLICY

Capable Kids does not require attendance at all events. Members are encouraged to attend events that spark their interest. Registration for selected events is required.

GUESTS

CK members may bring school-age friends and family members to the CK events as long as they are registered and there is space available. If guests want to attend future events after their first visit, a membership application and an assessment form must be completed, and 'new family orientation' must be attended.

PARENT/GUARDIAN COMMUNICATION

Capable Kids strives to inform parents/guardians of CK activities and events. Activities and events are posted on our website: www.ckrgv.org or our Facebook page (www.facebook.com/capablekidsfoundation) and emails /text message are sent out to parents/guardians.

Capable Kids also depends upon parents/guardians to keep the CK informed of issues and events affecting their child(ren). If there are changes to a child(ren)'s health, medication, living situations, etc., it is the responsibility of the parent/guardian to notify CK staff. Parents/guardians must notify CK staff of any contact information changes or changes in custody arrangements so that we can best serve their child(ren).

BACKGROUND CHECKS

To help protect CK members, all staff and volunteers who interact with the CK members will have a full criminal and sex offender registry background check performed yearly.

LOST AND FOUND

CK members are responsible for their personal belongings and should not bring expensive items including electronics and jewelry to Capable Kids events as CK is not responsible for lost, broken, or stolen items. Items collected at the end of each event are collected and will be held in a lost and found box at the McAllen office. If your child is missing an item, please contact CK and we will confirm if we found your child's items. Lost and found items are typically kept for 4-6 weeks and then donated.

INCLEMENT WEATHER

If CK cancels events or activities due to inclement weather, any reschedule dates will be listed on the website and registrants will be notified of reschedule dates. If registration is re-opened, preference is given to the original registrants. Notification will be posted on the CK's Facebook page: www.facebook.com/capablekidsfoundation and CK families will be notified through parent/guardian emails.

TRANSPORTATION

Capable Kids strives to make all events and activities inclusive, including potential transportation to certain events. Depending on availability, transportation may not always be able to accommodate all CK members.

CK may schedule shuttle transportation to certain events. Pick up and drop off locations will be listed and space is available on a first-come-first-serve basis. In order to partake in transportation, members must have a signed Transportation Agreement on file and a new form must be completed for every transport opportunity.

FIELD TRIPS

Capable Kids may offer field trips throughout the year. Field trips are posted on the CK website and on the CK calendar and in our newsletters. Field trip participants are chosen on a first-come first-served basis (permission slip completed and fees paid, if applicable). CK members who are put on a waiting list for a field trip will be reimbursed if there is no room available. If a CK member is not following expectations prior to or during a field trip, they could lose the privilege to attend or need to be picked up early by a parent/guardian. CK members will not be forced to go on a field trip if they express that they do not want to go on the day of the trip. Parents are required to attend these field trips with their child and any applicable fees apply.

DONATIONS

Donations are the main source of funding for the CK. Monetary donations help us programming and activities that inspire and enable the youth that we serve. Donations of all sizes are appreciated and encouraged. In-kind donations are also accepted. Please visit our website to learn more about how to support the CK's programs, or about our fundraising events.

VOLUNTEER OPPORTUNITIES

The heart of any youth program is its volunteers! Donations of time, money and services are just a few ways to help support the CK of Portage County. If interested in volunteering please visit our local CK to fill out a volunteer application. All parents/guardians, volunteers, and CK staff must go through a background check process before volunteering or working at the CK.

CK PROGRAMMING

CK MEMBER DEVELOPMENT STRATEGY

CK programs and services promote and enhance the development of CK members by instilling:

- **A sense of self- confidence-**The capacity to believe in oneself
- **A sense of belonging-** A setting where CK members know they fit in and are accepted.
- **A sense of understand and support in the RGV Community-** educating the community on the importance of inclusion so all citizens can reach their full potential in a supportive environment.

CORE PROGRAM AREAS

Program focus areas are based on both the interests of youth and their physical, emotional, cultural and social needs.

CK Sports now includes adaptive versions of football, soccer, baseball, golf, and, adaptive tennis. Sparks Cheerleading is also a part of CK Sports. These programs have allowed children and young adults with disabilities to participate in the right of passage that sports provide, engaging in the related comradery, teamwork, and sense of accomplishment that has a huge impact on self-worth and confidence.

CK Social helps create opportunities for inclusion and interaction with all peers in a supportive environment. This is created through the implementation of dances and social events that include peers with and without disabilities. The opportunities help everyone realize that, although people come in all shapes, sizes and so on, we are all people. CK Social events can teach new skills and increase self-confidence and empathy while allowing everyone to have fun, interact, and learn from each other.

CK Impact focuses on community capacity building by educating government agencies, public institutions, local businesses, and community members on the importance of inclusion in creating stronger, healthier communities.

Programming is set up related to age groups (Capable Kids and Capable Kids at Heart), interest, and mobility levels. If there are restrictions related to certain activities, those will be spelled out in the registration process. Individuals who do not meet the requirements will not be allowed to participate. We encourage you to make sure the CK members assessment is accurate and up to date so they can take full advantage of appropriate programming.

ATTENDANCE POLICY

CK members are invited to sign up for any event or activity open to them as long as they meet the activity eligibility requirements for that event or program. Please remember that when a CK member is selected to attend an event or activity it limits another child's opportunity to attend and programming and purchases are made based on registrations,

thus CK members are expected to attend all events for which they have registered. However, we understand that illnesses are not planned for and sometimes a child is unable to make an event.

If a CK member is ill and not able to attend an event, the parent needs to notify CK as soon as possible, in writing, at info@ckrgv.org. Advance notice may allow us to fill the spot with another CK member on the wait list. Failing to attend three registered events could impact a CK member's ability to be selected for space-limited future events.

POINTS PROGRAM

The points program awards points for participation and attendance. CK members can use points to cover event fees or 'shop' at the CK Points Store for toys, gift cards, electronics, and CK clothing and merchandise.

- Points are awarded for attendance at programs
- Points are also awarded for participating in surveys, assessments and providing feedback when requested.
- Points will be deducted for failing to show for registered activities and events.
- Points will also be deducted for failing to follow policies and procedures in this handbook.

DRESS CODE POLICY

Proper dress is the responsibility of CK members and their parents/guardians. Rules pertaining to appropriate CK member attire are necessary in order to maintain good decorum and positive and respectful atmosphere.

CK members are not permitted to wear clothing that is inappropriate for the CK setting. Clothing that displays profanity, violence, is sexually suggestive, is offensive, promotes gang activity, or promotes alcohol, tobacco, or drug uses are not appropriate. CK members wearing inappropriate clothing will be asked to change or turn their shirts inside out.

- Clothing must cover the torso from above chest cleavage to mid-thigh.
- No items of clothing where undergarments are exposed are allowed.
- Footwear must be worn while at the CK.
 - Appropriate shoes are strongly encouraged to protect feet during sports/recreation activities.

EXPECTATIONS & BEHAVIOR POLICY

CK strives to provide a safe and positive environment for all CK members. While Capable Kids is open and available to children and young adults with disabilities and their families in the RGV, participation is a privilege. Our expectations and behavior policy exist to ensure all children can fully enjoy programming.

CK has the following expectations of our children and parents when participating in CK activities and events:

GENERAL CK EXPECTATIONS:

Capable Kids staff are committed to accomplishing our mission supporting CK members and their families by spreading the knowledge of inclusion; creating and sustaining a culture of mutual respect; trust and fair treatment of all CK members and staff. CK members and CK parents agree to:

- Obey rules, respect public and private property and actively promote the general welfare of Capable Kids events and activities.
- Maintain courteous relations with Staff members, volunteers, and fellow CK members.
- Only register for events when there is a strong intent to attend. Establish and maintain an attendance record by avoiding unnecessary absences or tardiness at CK events and activities. Failure to show wastes resources and tardiness impacts the flow of activities and disrespects the time of the CK staff and other CK members and their families.
- Taking personal responsibility for actions, decisions, and behavior;
- Actively supporting each other in the effort of all to meet these behavioral standards.
- Recognize the inherent dignity of all human beings and treat each other, volunteers, and staff with courtesy and respect,
- Not embarrass or criticize staff, CK members or families in the presence of others. If there is a concern, please contact the Program Coordinator or CEO to address your concerns.
- Settle disputes in a non-violent, non-abusive manner, and show respect toward fellow CK Members and their families, CK Volunteers and Capable Kids Staff.
- Conduct themselves in such a manner so as to avoid intentional or reckless harm to other persons.

DISCIPLINARY ACTIONS

When a CK member or their parent does not follow CK expectations, CK staff will respond with appropriate disciplinary action based on the situation. Disciplinary actions may include, but are not limited to, verbal warnings, loss of privileges, and individual meetings. All disciplinary actions will be documented, and parents/guardians will be informed in writing.

SUSPENSIONS

More serious behavior situations may result in suspension from the CK for a period of time.

PROHIBITED CONDUCT

The following behaviors are not acceptable and may result in immediate suspension:

- Endangering the health and/or safety of other CK members, CK staff, and/or volunteers.
- Bullying, fighting or other negative or violent behavior.
- Malicious Gossip or the posting of rude, inappropriate, misleading, or false information related to Capable Kids, or CK members or their families on any public forum such as Facebook, Twitter, etc.

- Racial or prejudicial comments.
- Stealing or damaging CK or personal property.
- Failure to follow CK policies, organizational requests or staff or program lead requests.
- Disrespectful behavior or actions directed toward CK staff, CK volunteers, event location staff, or CK members and their families.
- Sustained noncompliance in meeting CK expectations such as repeated cancellation or 'No Shows' for registered events.
- Continuous disruption of CK programming such as, but not limited to, failing to show for registered events, showing up late for registered events, not following program guidelines, or similar behavior.

If a CK member is suspended from CK, the CK members will not be allowed to participate in programs until the suspension is lifted.

BULLYING POLICY

The Capable Kids is committed to providing a safe, secure, and healthy environment that allows all CK members to maximize their potential. Capable Kids considers bullying by children or parents to be detrimental to the health and safety of CK members and it is prohibited.

Bullying behavior is prohibited in all CK programs and the related environments. This includes any property or vehicle owned, leased, contracted or used by the CK. All incidents and observations of bullying should be immediately reported to CK staff. Reports of bullying may be made verbally or in writing and may be made confidentially. All such reports, whether verbal or in writing, will be taken seriously and a clear account of the incident is to be documented. All CK staff and volunteers who observe or become aware of acts of bullying are required to report these acts to the CHIEF EXECUTIVE OFFICER and/or CK staff. Any other person, including a CK member who is either a victim of the bullying or is aware of the bullying or any other concerned individual, is encouraged to report the conduct to the CHIEF EXECUTIVE OFFICER and/or CK staff. CK staff will then fill out appropriate documentation to be shared with CK members' parents/guardians. Any bullying incidents may be reported to law enforcement if applicable.

Bullying includes aggressive and hostile behavior that is intentional and involves an imbalance of power between the bully and the bullied.

This behavior may include, but is not limited to:

- Physical: assaulting, hitting, punching, kicking, theft, or threatening behavior
- Verbal: threatening or intimidating language, teasing or name-calling, racist remarks
- Written: comments which are offensive or objectionable to the recipient or which cause the recipient discomfort, anger, or humiliation
- Indirect: spreading cruel rumors, social exclusion or isolation, intimidating looks and/or gestures
- Cyber: using technology in a hurtful manner such as, but not limited to, the use of e-mail, instant messages, text messages, digital pictures or images, cell phones, or posting on websites and/or other social media to threaten, harass, discriminate or intimidate the individual

- Bullying based on gender, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, cognitive, emotional or learning ability is also prohibited.

HEALTH POLICY

It is important that parents/guardians cooperate with our Health Policy. Our policies are enforced to protect the well-being of all CK members.

DRUG & ALCOHOL POLICY

Capable Kids is a tobacco, drug, and alcohol-free environment. Alcohol, non-prescription drugs, and any other substances that alter an individual's ability to function in the CK environment are strictly prohibited.

TOILETING AND PERSONAL CARE

Parents are requested to assist the CK member with all Toileting and Personal Care issues.

MINOR FIRST AID & ILLNESS POLICY

- Select CK staff are CPR and First Aid Certified and are permitted to administer: band aides, ice packs, bandages and other first aid supplies.
- CK staff cannot physically apply sunscreen and insect repellent lotions/creams.
- The CK is not responsible for reactions or improper usage of sunscreen, insect repellent, or any item that is borrowed from or used by CK members.
- Parents/guardians must advise the CK staff of any CK member's medical condition by completing the medical information portion of the membership form and updating information as needed.
- CK members who stay home from school due to illness are not eligible to come to the CK that day.
- Parents/guardians should keep children home when the CK member:
 - Has had a fever of 100 degrees or more, and should remain at home for 24 hours after the temperature returns to normal without medication to keep the temperature down.
 - Has vomited or has had diarrhea, and should remain at home for 24 hours after it has stopped.
 - Has a persistent cough.
 - Has any rash fever.
 - Has open or draining skin sores.
 - Has inflamed or draining eyes or ears.
 - Have a contagious illness.

MEDICATION

- Medications should be administered at home whenever possible. Parents/guardians are urged to consult with the prescribing physician to determine if medications can be scheduled outside CK hours.
- Only Parents/ Guardians should administer medications as prescribed.

EMERGENCY TREATMENT

In the event of an injury or illness requiring immediate advanced medical treatment, CK

staff will call 911 first.

REPORTING PROCEDURES

The CK strives to maintain a safe and secure environment to all CK members. We ask parents/guardians and CK members to immediately report any potentially dangerous situations to the CHIEF EXECUTIVE OFFICER or CK Staff member: all reported situations will be investigated as soon as possible. If the complaint is in regards to a CK Staff member, the CHIEF EXECUTIVE OFFICER should be contacted. Reports or incidents warranting confidentiality will be handled appropriately and information will be disclosed to other only on a need-to know basis. If it is determined that a violation of this policy has occurred, CK will take appropriate action to help ensure the safety of all CK members.

When a report is received there will be a prompt and careful investigation. CK members and their families are expected to cooperate in the investigation. CK will maintain confidentiality of all involved whenever possible and will expect all involved to do the same.

Covid-19 Safety Precautions

GENERAL HYGIENE

The CK will require all CK members and staff to follow CDC recommendations for reducing transmission, maintaining healthy business operations, and a healthy work environment including but not limited to:

1. Wash Hands:
 - a) Upon entry into building
 - b) After using the restroom
 - c) Before/After eating
 - d) After Outdoor Play
 - e) Before/After any health assessment or screening of any staff or CK member
2. Not touch their face
3. Cough & sneeze into a tissue or inside of elbow
4. Stay home if they are sick or know they will not pass wellness screening
5. Leave activities immediately if CK member becomes ill

RESPONSE TO MEMBER OR STAFF POSTIVE TEST FOR COVID-19

1. Immediately send home or separate anyone who becomes sick at work and notify lead staff. Advise them to contact their doctor or local health department as soon as they show symptoms.
2. Notify Director of Facility, Grounds and Safety for further instruction. Notify your CK of America Director of Organizational Development (DOD).
3. Families will be notified through email if their child(ren) become a close contact.
4. Close any areas used by the sick person for deep cleaning and disinfection.

SPARKS CHEERLEADING

Cheerleading takes a high level of dedication, commitment to your team, hard work and a

positive attitude. This may be a new commitment for many of you and must be taken seriously. This section of the handbook is designed to help you understand that cheerleading is more than just singing out cheers and showing up for games and events. It is an attitude. It is spirit, pride, dedication, and the belief in Capable Kids and yourself.

TRYOUTS POLICY

The Tryout period allows Capable Kids to verify interest and to lock in support volunteers. Parents and the CK member interested in joining the Sparks must show up to one of the Tryout meetings.

Make no mistake; it is a big commitment. Please read this portion of the handbook carefully and keep it for your reference.

It is also important that parents review this handbook and understand the guidelines for becoming a Capable Kids Sparks Cheerleader. In addition to signing the photo release and the handbook acknowledgement, a parent must sign and return Cheerleading agreement located at the end handbook before the candidate will be allowed to participate.

The Squad

CK Members who meet the age requirements, attendance requirements, and fundraising requirements will be allowed to participate in Sparks Cheerleading events.

Your Team Needs You!

CHEERING AT GAMES IS A PRIVILEGE AND MUST BE EARNED FOR EACH CHEER EVENT.

This is a team sport and requires all members to be present and prepared both physically and attitudinally at all times. Each member is an important part of the squad and every cheer that is learned works best with all members present. As a SPARKS Cheerleader, you will be expected to have a commitment to your team.

Continued attendance at practices and positive attitude will determine participation at each event.

Practices will be offered multiple times prior to each cheer event. Practices will be offered in person and via Zoom. Sparks Cheerleaders must attend 50% or more practices to be eligible to participate in the next Cheer event.

There will be mandatory meetings, such as the annual Tryouts meeting. The parent and the Sparks Cheerleader must attend any mandatory events or get approval from the Cheer coach for a makeup meeting.

APPEARANCE -UNIFORM

You will be given a uniform for your use during the cheerleading season. Additional equipment is also required.

All Sparks Cheerleaders are required to be in the full designated uniform for each Cheer event. The Cheerleaders will be notified of the appropriate uniform for each Sparks

Performance.

If you are out of uniform, (i.e., No socks, wrong socks or sneakers, no bow, etc.) you run the risk of not being able to participate. Be careful and keep your uniform together.

When wearing a Sparks Cheerleader uniform, the CK member is representing Capable Kids even when not at a CK event, as such attitude and behavior are very important. Ideally, uniforms should not be worn outside of Sparks Performances.

If not eligible to participate at a cheer event, attendance to show support for the SPARKS Squad is encouraged but the uniform should not be worn at the event.

As A Team...

Courtesy—Every team member will treat each other with respect and courtesy at all times. If you should experience a time of difficulty with a teammate you will put all your differences aside while together as a team. This is an important part of performing as a team. Should you need assistance with a teammate, please bring it to the attention of your coach and we will be happy to assist you.

Disrespect or poor treatment of a teammate, coach, or official will not be tolerated and could be considered grounds for dismissal from the squad.

At the Event

This is the best time! Be sure to show up on time to warm up and be fully prepared. Your uniform should always be neat and clean and complete with socks.

Remember you are here to support CK and your Sparks Cheer members. Stay motivated and remain positive and enthusiastic at all times.

FUNDRAISING -Parents Responsibility

Your Support & Fundraising—There will be multiple fundraising opportunities and each Cheerleader is required to fundraise a minimum of \$200.00 to offset the Cheer program costs. We need your support and cooperation during these times. If we have plenty of helping hands it can be a fun event with all of us working together. These funds will help reduce the cost of other expenses. These events also help promote team spirit and friendship among the team members.

****ANY PARENT**** “bad mouthing” or making derogatory comments about Capable Kids, the cheer program, the coaches, or peers will be grounds for your child’s dismissal, as well. We are trying to make this a positive experience for your child, and as a parent, if you cannot be positive and on-board, then it will be harder for your child to maintain a positive attitude and be a team player.

PARENT CHEERLEADER AGREEMENT

I have received a copy of the Cheerleading Policy, and I am fully aware of the rules, regulations, and consequences that shall be implemented and followed by all Sparks cheerleaders and their parents. As a Parent, I promise to follow the Cheer guidelines and agree to help my child meet program requirements.

Cheerleader Name (print):

Parent Name (print):

Parent's *Signature*:

Date: _____

Please return this form along with the handbook acknowledgement, located on the next page, to the cheerleading coach.

RECEIPT OF MEMBERSHIP HANDBOOK and PHOTO RELEASE

I have received a copy of the CK Membership Handbook and I understand that I am responsible for reading the policies and practices described within it.

I agree to abide by the policies and procedures contained herein. I understand that the policies and benefits contained in this Membership Handbook may be added to, deleted, or changed by the CK at any time. If I have any questions regarding the content or interpretation of this Handbook, I will bring them to the attention of the Chief Executive Officer.

I understand that any violation of the policy or guidelines acceptable may result in suspension of privileges and possible further disciplinary action.

I grant permission for Capable Kids Foundation, Inc (CK) to use any or all portions of film, videotape, and/or photography shot during activities related to CK programming for media use, educational purposes, or commercial use as they see fit, without compensation to me or my family.

I grant permission to CK to use my photograph on its website or in other official printed publications without further consideration, and I acknowledge CK's right to crop or treat the photograph at its discretion.

I also understand that once my image is posted on CK's web site, any computer user may download the image.

I consent that the photograph and videos submitted to CK in conjunction with agency programs may be used by Capable Kids Foundation, its assigns or successors, in whatever way they desire, including social media, DVD, television, and any other form for the storage, retrieval and reproduction of information and images.

I affirm to Capable Kids Foundation that I have the authority to grant the permission to use this image. I understand that I will not be paid any royalty or other compensation.

CK Member's Name:

Printed: _____

Parent/Guardian's Name:

Printed: _____

Signature: _____ Date: _____